To avoid having an asterisk (or footnote number) after the author's name or chapter title, please leave out the footnote marker from <author> or <title> in the <book-part-meta>, so instead of having

<author>John Smith <xref ref-type="fn" rid="FN000001"><sup>\*</sup></xref></author>

code it as

## <author>John Smith</author>

while in the <fn-group> of the <back> the footnote is there:

<fn id="FN000001"><label>\*</label>John Smith is affiliated with ...</fn>

This footnote is therefore not anchored.

The same applies to chapter titles:

<title>Boundary Crossings in the Pre-modern Islamicate World<xref ref-type="fn"
rid="FN000001"><sup>1</sup></xref></title>

<title>Boundary Crossings in the Pre-modern Islamicate World</title>

<fn id="FN000001"><label>1</label>This chapter ...</fn>